Remembering Katie Reich

Katie Hatch Reich, beloved Biology and Environmental Science teacher and cross-country coach, was diagnosed with melanoma on April 1, 2008. She passed away peacefully at home on October 3, 2008. While the Mitty community mourns the loss of this loving teacher, coach, and friend, they also look back in remembrance on the profound influence Ms. Reich’s life had on them.

“Katie’s passions were apparent to all who knew her in the way she spoke, her hobbies, even her key chains. Her personal key chain had a beetle that had been encased in acrylic. I recall her enthusiasm for it and wonder as she asked me, “Isn’t it beautiful?” On her work keys, Katie had typed up her commitments to teaching young adults on a small card and laminated it. She said she carried it with her as a reminder of her goals to always be the best teacher she could be... and it is apparent she always was.”

–Leslie Zuffi

“My strongest memory of Ms. Reich was from a freshman-year Rancho workout. In spite of all our complaining, she ran with us. That may not seem too remarkable, except for the fact that she had run the Nike Woman’s Marathon the day before.–26.2 miles–and was out with us the next day. Ms. Reich was always there for us, every step of the way.”

–Katherine Edgcumbe, ’10

“One of my many fond memories of Katie, besides her love of running, is her work moderating Amnesty International. She had a deep concern for the plight of political prisoners, the tragedy of child soldiers and for a global perspective on justice and peace. Our world is a better place because of her.”

–Richard Howard

“Ms. Reich was the kind of person I aspire to be. She ran, she traveled and she clearly was passionate about her work. I only hope that as I grow older, I will learn to radiate the same passionate, positive energy as my teacher. Thank you Ms. Reich, I admire you so much.”

–Katie Helland, ’09

“We have lost an angel on our campus. Katie Reich was an inspiration and a mentor to many of our students. What bothers me is the fact that so many of our future students will never have the opportunity to learn about biology, learn about our earth, or learn about life from this amazing person. We have all been blessed for such a short period of time to have had Katie as a colleague. May our memory of her live long.”

–Ron Nicoletti

“She had a passion for biology and running and, as any of her students can tell you, when she got rolling on a topic, the bright glow of excitement shone through her eyes.”

–Alina Strayer, ’09 Cross Country Captain

“God sent us a miracle in Katie herself--in the time we had to share with her, to laugh, to hug, and to learn. Katie is a miracle and we are all better for having known her. Katie–you are such an inspiration to me. I will cherish our friendship forever. Keep smiling and watch over all of us.”

–Katie Frese

“Katie Reich has left a bright and beautiful imprint on my heart forever. I was amazed by her incredible enthusiasm for helping students, her meticulous organization, and her passion for life. I loved working closely with her during our first year teaching at Mitty, and I will miss her greatly.”

–Theresa Hannon

“Ms. Reich to me will always be the smiling face when I reach the top of the hill; (the) epitome of optimism, happiness, and love.”

–Jenn Campbell, ’09

“My entire sophomore year, I don’t think I ever saw Ms. Reich not smiling. Even after she was diagnosed with cancer, I remember her coming back to class one day, jumping up on her desk, crossing her legs like a little kid and asking us, “Hey! Anyone got any questions for me?” with a huge smile stretching across her face. She truly is and was a beautiful person who could bring joy to anyone’s day, no matter how bad a day they were having. She will forever be loved and missed.”

–Sandra Mack

“I am definitely not a natural runner, but nonetheless, Ms. Reich tricked me through-out the season with a smile on her face. When times got rough, she constantly motivated me to keep pushing through. I believe that she is in a better place and I hope that she will hereafter look down on us, as I have always looked up to her. May angels lead you in, Ms. Reich.”

–Kendra Bresnahan ’09

“Katie was an enthusiastic and dedicated teacher who enjoyed every facet of her teaching days and the time she spent with her students. Sometimes, people prove what caliber they are in how they live their life. Other times, people show what they are made of in how they face adversity. Katie certainly lived her life with dignity and honor and faced her illness with courage and grace. She will be missed by all.”

–Caroline Cable

“Every new teacher should be blessed to have a teacher like Katie Reich to learn from. Her mind was always working to improve lessons and try new things. She would do anything to help students understand biology because she knew that only then could she lead them to love her subject. Her passion for teaching science was contagious and so her love lives on in the 300 wing.”

–Sigrid Jacobsen

“In memory of Ms. Reich’s life, donations may be made to the Katie Hatch Reich Memorial Scholarship Fund c/o Archbishop Mitty High School, 5000 Mitty Drive, San Jose, CA 95129.”

–Tom Motroni

“I have never run as far or as fast since we started running together. There is not an inch of the Campbell trail, Rancho San Antonio, or of the streets surrounding Mitty that does not remind me of her. I miss her so much.”

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–Kendra Bresnahan '09

“Ms. Reich was a person of detail... She was a great teacher because she paid attention to the detail that was within her students and she adjusted in response to that. She was an amazing person because she paid attention to who you were and what you were about. God is in the details and she understood that and because of that she touched so many peoples’ lives. She will be sorely missed.”

–Katie McCormick

“Every new teacher should be blessed to have a teacher like Katie Reich to learn from. Her mind was always working to improve lessons and try new things. She would do anything to help students understand biology because she knew that only then could she lead them to love her subject. Her passion for teaching science was contagious and so her love lives on in the 300 wing.”

–Sigrid Jacobsen
OPINIONS: Election 2008

John McCain vs. Barack Obama

READY TO LEAD FROM DAY ONE

CHANGE WE CAN BELIEVE IN

By Christina Jones
Sports Editor

Progress is made when people set aside their differences and come together. However, in politics, one must reach across the aisle in order to secure an agreement for the common good. John McCain has attained such compromises by bringing together the ideologies and desires of liberals and conservatives alike. As President, he will do the same, working with a liberal Congress to benefit our society.

It has been shown that partisanship politics from the White House does not help solve the complex problems that America faces. Arguably some of our history’s best presidents, most notably some of our history’s best presidents, most notably Reagan and Clinton, were renegades able to transcend the party line to get things done. In the Senate, John McCain has demonstrated that this characteristic is essential for progress. The Washington Times reports that in just the last two Congresses, 55% of McCain’s co-sponsored legislation was bipartisan and non-Democratic. This percentage of bipartisanship is extremely high, during the same period of timeSen. Barack Obama has only worked with Republicans on legislation 13% of the time.

Aside from statistics, McCain’s proposed legislation has included controversial issues including global warming and campaign finance. Obama employed bipartisanship in areas needing bi-partisan action, such as national security and polarizing views, such as honoring Rosa Parks through a memorial postage stamp.

McCain remains outspoken about what he considers Mc-Cain the only Republican who promises to end the George Bush style of governing, and acknowledges he appeals to “a broader range of Americans.”

Though Bush and McCain both call themselves Republicans, they are far from ideologically identical. For instance, McCain is a strong supporter of strong work to help our nation’s economy as well as our environment. He believes in the value of private sector solutions and the importance of free markets. McCain is also a strong advocate for education reform and believes in the need for increased funding for public schools.

McCain understands that the situation requires swift government action, and he needs to be involved in the solution. After the debate, Obama immediately went back on the campaign trail, placing his own election as a matter of sympathy. He has the experience to know the actions he needs to take to diminish the threat of Iran and other countries.

To say the economy is currently in turmoil is an understatement. McCain understands that the situation requires swift government action, and he needs to be involved in the solution. After the debate, Obama immediately went back on the campaign trail, placing his own election as a matter of sympathy. He has the experience to know the actions he needs to take to diminish the threat of Iran and other countries.

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By Ian Davis
Staff Writer

The decision voters will make on Novem-ber 4 will be an important one; it will shape and mold our nation for the next four years. We are at a critical point in our history—we need a leader who can unite us into a nation to face the challenges of the 21st century. That is why we must elect Barack Obama as President.

After eight years of President Bush, our country cannot afford another bumbling Commander-in-Chief. We need a leader who can inspire the nation to solve the problems of our foreign affairs, our economy, and our fail- ing political system. Obama is such a leader.

The Bush administration has nearly ru-ined our international reputation by starting a war in Iraq without provocation or proof. Obama was one of the few who opposed this failed war from the beginning, and he has a clear timetable for withdrawal that a majority of those who support.

More importantly, Obama’s multicultural background makes him uniquely qualified to represent a global America and to reign international standing. Many foreigners view him as the change that America needs to reclaim its position as a world leader that the multinational community can look to. His policy of talking with foreign lead- ers we disagree with will help our nation vastly more than the conservative approach— refusing to come to the table until they meet our demands—which promotes the arrogant American attitude that got us into this mess in the first place.

Of course the most important issue facing the American people this year is the economy. Obama is clearly better suited to lead us in this challenge as well. Weeks ago, after the Dow Jones fell over 700 points, McCain stated in a town hall meet- ing that “the fundamentals of our economy are strong.” While many middle income families are losing their homes to foreclosures, he can only say, “it’s happening all over the country.” His only method of increasing federal income is by cutting the earmarks, which account for less than 1 percent of the total budget. Clearly, this man is out of touch with this crisis.

Obama, however, realizes that the Ameri- can people need help. His tax plan closes corporate loopholes, reclaim the records profit from oil companies, and taxes only those in the highest income brackets—that making over $250,000 a year. He would bring the money back into the American people, providing relief to the middle and lower classes in the form of credits back to the right course. The schools through creating early childhood education and making college affordable for everyone. The latter is an issue that those of us here at Mitty in the middle class—who are not rich enough to pay for college ourselves but not poor enough to qualify for extensive financial aid—find especially appealing.

Now, I know that many of you are in those upper income brackets, but I urge you to take the moral high road and support this plan. The extra couple thousand you are forced to pay will not bankrupt you, but the few thousand that the middle class saves will be their rescue from these challenging economic times.

Though I may think that the most important difference between these two candidates—and the chief factor vot- ers should consider—is not how they handle issues but how they lead.

In this respect, Barack Obama is far supe- rior. He is inspiring and energizing in a way not seen since John F. Kennedy. He alone has the capacity to bring together the Red States and the Blue States to form a true America. That is why I strongly urge you to vote for Obama. The choice is clear and the future of America depends on what we choose.
Sarah Palin deserves our commendation. Round of applause, anyone? Not since Hil- lary Clinton has any woman on the recent political scene managed to re- lease such passion and fervor, or quicken the pulses of both Republicans and Democrats alike. Republicans lary Clinton has any woman on the recent political scene managed to rouse such passion

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Newsflash:

Celebrities Get One Vote (just like the rest of us)

By Cerena Chen & Marlena Vasquez
Staff Writers

“I really cannot bite my tongue anymore when it comes to Sarah Palin,” Lindsay Lohan wrote in her MySpace blog last month. “Is our country so divided that the Republicans best hope is a narrow-minded, media-obsessed homophobe?”

From LiLo to Matt Damon on the Democratic side, and Britney Spears and Daddy Yankee for the Republicans, celebrities, like many Americans, can have some pretty strong opinions when it comes to politics. And they’re not afraid to voice them. At the end of the day, it comes down to celebrities being just one example of what seems to be a flurry of celebrity endorsements and criticisms surrounding the presidential race.

Hollywood has particularly deserted around the middle of the national conventions, with many of the A-listers such as Jessica Alba and Kanye West flocking to Invesco Field to either perform or simply show their support for Obama. That didn’t mean many stars for the Republicans, but then again, with the exception of country singers, the party doesn’t seem to hold celebrities in high regard.

McCain caused quite a stir among Americans when he released an attack ad comparing Obama to the likes of Britney Spears and Paris Hilton. Because if there’s one thing America hates, it’s celebrities. Of course. So how effective was this ad? Well, for starters, Britney Spears is an avid Republican herself, and the ad comparing Obama to the likes of Britney Spears and Paris Hilton. Because if we were made in the image and likeness of God, why is it that we are not allowed to style such beards at Mittry as Jesus did himself?

According to some celebrities, the reason for the ban on facial hair for students is “to prepare us for professional environments such as jobs.” This seems like a reasonable justification, but how does that mean several teachers at Mittzy who fashion these forbidden beards. Is being a teacher an exception to the “no facial hair” rule arbitrary? When confronted with these concerns, Mr. Falls level-headedly responded that teachers are not held to the same standard as students, and it helps the students focus on academics solely. Fair enough, but the question remains: Even if we are not adults, how much focus in school would be lost as a consequence of facial hair?

Moreover, with all of the other dress violations currently enforced, time fretting over something as harmless as facial hair might be wasteful.

The fence policy should be reconsidered—or at least modified.

Though, if Mr. Falls convinced me of anything, it’s that certain things are not worth losing sleep over—even my goatee and soul patch.

On the Fence

By Manasi Patel
Staff Writer

If there’s one thing high school students can rely on, it’s the freedom to make their own decisions. And while, yes, “with great freedom comes great responsibility,” one can always argue that the idea works both ways.

Archbishop Militty students are without a doubt some of the hardest working students in the area. We juggle many responsibilities, from practice to rehearsal to meetings to clubs. In response to these questions, Mr. Fallis reiterates that his policy is to protect our facilities—during the day and especially late at night.

Additionally, he adds that maintenance is, indeed, in the process of putting locks on the gates and securing the east side along with the west side.

And of course, there is the case of Mr. Falls’ closed campus policy. Mr. Falls maintains that the closed campus policy helps not only to keep the campus safe, but also encourages students to make the most use of Militty’s facilities.

“We want students to remain on campus as a community,” he says. However, the closed campus policy has proven effective in preserving and protecting Militty’s community, perhaps it would be beneficial to reconsider other options than fences in securing our campus.

“Mr. Falls also clarified that the fence was intended to continue the policy of a closed campus during the school day. Although this responsibility is usually delegated to parking lot supervisors, the fence reduces the area that needs to be over-seen, thus making it easier for supervisors to protect students.

Essentially, it is intended to regulate who comes onto our campus, not who leaves it. While the reasons for building the fence seem plausible, one must question its true effectiveness.

The fence only covers the outside perimeter of the school’s front lawn and fails to cut off access to the lot. Additionally, the entry door remains unlocked during school hours allowing passage to essentially anyone any time—enough, but the question remains: Even if we have a fence if it doesn’t fulfill its true purpose?

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How Much Security at Militty Is Too Much?

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MTV, it is safe to say, has become the focus of entertainment for many young people today. Once famous for being one of the only channels to air music videos, it seems that, within the last decade, and even more so recently, MTV has lost track of its priorities.

After years of broadcasting strictly music videos and music-related programming, the transition away from this style proved at first successful when most of their original series were considered entertaining. There were little glimmers of hope with these shows, though most ended up lasting too long.

But now, all that’s shown on MTV are a slew of reality shows, dating shows, and the sad hour of television they call TRL (airing its final episode in November).

As Music Television, they really do have the responsibility to air music videos. Album sales are dropping with each passing year and MTV could help change that trend. Even when file sharing networks became accessible, artists, especially those under MTV’s spotlight, like NSYNC and Eminem, were still selling tens of millions of albums.

Yet with their reputation and the number of viewers they attract daily, they do not seem obliged to play music. They hold a position from which they can make almost anyone famous. That is the type of power you are supposed to take advantage of, not back away from. But MTV backs away.

Instead, they focus not on music but on reality and live programming. One such staple of the network is the award shows. While the MTV Movie Awards have had their moments, historically it is the Video Music Awards award shows. While the MTV Movie Awards have had live programming. One such staple of the network is the video music awards, “set to air once a week. FNMTV, a whole 60 minutes “devoted just to playing music videos,” set to air once a week.

For each of these events, MTV pulled out all the stops to create hype for the awards, promising enormous surprises. But the end product has almost always been sloppily done, with little organization, poor hosts, and the only memorable moments being the bad ones. These shows once worked well, but not anymore.

It has not gone unnoticed that MTV has suffered such a downfall. Viewers and celebrities alike have constantly voiced their opinions about the lack of videos being aired. This past year, the network finally responded, promising FNMVT a whole 60 minutes “devoted just to playing music videos,” set to air once a week.

But instead what viewers have gotten is a show with a celebrity host, a live audience, a critics panel, and of course the occasional music video. The music itself seems to favor certain genres and leave others in the dust. And, at times, it appears as though only established artists are able to benefit from any attention.

It used to be that a rock band became popular after the video premiered. However today, despite their alleged attempts at a new and improved version of the network, MTV doesn’t even begin playing the video until the song is already popular.

Is there not a simple solution to MTV’s music video problem? Could they just clear a three-hour block of programming every day to make room for videos? Could they not return to their roots and agree to showcase the talent of up-and-coming artists as well as established, popular ones.

Isn’t that what VH1 and BET both do? With the success of a music-based show like America’s Best Dance Crew, shouldn’t it be clear that music matters?

Hopefully some type of solution is in the works. Otherwise, it looks like we’ll have to live with this current mess for a long time.

Heroes: Season 3 Preview

The beginning of this fall was marked by several returning and new television shows, including the popular science fiction drama series, Heroes.

After the highly praised first season, fans were severely disappointed at the underwhelming writing and the unnecessary characters of the second season. Nonetheless, those still loyal enough to sit through the lows of Season 2 prayed for a great kick-off to Season 3 to really pull the show out of its sophomore slump.

In the exciting season premiere, many cliffhangers were answered. Right away, we discover the assailant of Nathan Petrelli, and the motivation to silence his revelation of the “heroes.”

Loveably naive Hiro Nakamura is growing bored with newly inherited wealth and power and he partakes in a series of frivolous shenanigans with his sidekick Ando. Hiro and Ando still function as the show’s much-needed comic relief.

However, the writing leaves them with little of the charm they had in the first season, and much of their storylines seem unimportant.

In the premiere’s bleakest moment, it is revealed that unpopular characters Mohinder and Maya are living together, both having undergone major makeovers to give them more sex appeal. Mohinder injects himself with a substance that ends up giving him super powers, causing him to grow abs and a new, macho attitude.

Although Season 3 thusfar still lacks the brilliance of the first season, this was an interesting enough beginning and an upgrade from last season.

Season 2 lacked the mystery, suspense, and character-driven plotlines of the first season, and for now Season 3 is still up in the air, though it looks like some of the mystery is returning. Because of this and still-familiar characters, perhaps you could spare some room on your DVR for the new season. However, I predict it will take more than superpowers to please demanding fans and get the show back on track.

Under the Radar: Jenny Lewis

In her second solo album, Jenny Lewis, lead singer of Rilo Kiley, blues the lines between musical genres even further, showcasing her soulful and sometimes hauntingly sweet voice through delicate melodies and country-tinged ballads.

From the dark yet whimsical “Pelican Bay” to the soaring, gospel-influenced “Trying My Best to Love You,” which also features vocals by Zooey Deschanel, Acid Tongue is anything but one-dimensional.

Collaborations with other artists such as M. Ward, Johnathan Rice, and even the legendary Elvis Costello also appear throughout the album, making for a richly diverse and unique collection of songs.

You can experience Lewis’ talent live when she performs at the Herbst Theatre in San Francisco on October 28 and 29.
Everything at Mitty is Thoroughly Millie!
Fall Production of musical comedy set to debut on October 16

By Logan Breitbart & Christine Freschi
Staff Writers

Watch out Archibishop Mitty! In mid-October, the story of a small town girl leaving the slums of Kansas for the Big Apple will be arriving on the stage of our very own Thomas Kinkade Center for the Arts. The heroine of the popular 2001 Tony Award-winning musical Thoroughly Modern Millie will be tapping her way across 1920’s New York City for two straight weekends of jazz-flavored comedy.

Millie is a traditional musical with a splash of modern humor. “Millie is my favorite show!” says sophomore Megan Griffin. “It is something to be proud of!”

In addition to the spectacular dancing, Millie is chock-full of over-the-top, hysterical characters. They range from ditzy stenographers to members of the New York crime de la crime, from cartoonishly evil hotel managers to stinging, though naive heroines.

For the sensual lounge singer Muzzy Van Hosmere, senior Mia Dessenberger says a creative inspiration is none other than Queen Latifah. “Her celebrity persona and larger-than-life attitude lend themselves well to Muzzy’s character.”

And sophomore Megan Griffin is inspired by one of our very own Mitty faculty. For the especially comedic Mrs. Flannery, a woman repulsed by the “modern” movement, Megen evokes her bio teacher, Mrs. Saunders.

Senior Joey Dippel is quick to state his claim. “All my lines are in Mandarin!” Joey’s character is a Chinese henchman, requiring that he learn all of his lines in Mandarin. Mitty’s own Mandarin teacher, Ms. Wang, was recruited to give Joey and Ethan Fang, playing the other Chinese character, some basic pronunciation lessons. Millie has been a unique experience for each cast member, from those leading the show to members of the ensemble, as well as for those understudying.

As ensemble actors in their first Mitty show, freshmen Tiffany Dills and Davelyn Couch are on a whole new journey: “The maturity level is so high and everyone is so tall!”

Sophomore Trevor Bates has his work cut out for him as he understands the supporting role of Bun Foo in addition to playing other smaller parts. This means, according to Bates, that he has to “learn several ensemble roles as well as a featured Chinese-language role I will take on for one performance.”

Clearly, the cast of Millie will be working hard to pull off an exciting performance.

Mitty opens October 16 and runs through October 25. Student and adult tickets are on sale now, so come and support our talented staff and students by enjoying a night of classic comedy!
Nights in Rodanthe

By Morgan Hunter
Staff Writer

The Notebook is the ultimate chick flick. It has it all: less, passion, and most importantly, undying love. So when I heard about this film, also based on a novel by Nicholas Sparks, I was naturally excited to see it.

Nights in Rodanthe follows Adrienne Willis (Diane Lane), a woman whose husband has just left her after having an affair and who agrees to take care of her best friend’s inn for the weekend as an escape from her hectic life.

The movie also stars Richard Gere as Dr. Paul Flammer, a man who has chosen his career over his wife and son. His wife has recently left him and his son is in Ecuador and refuses to speak to him. After his wife leaves, Paul moves out of his house and into the inn Adrienne is watching for the weekend.

With sixteen new tracks on Doll Domination, the Pussycat Dolls, featuring one less member than before, have created an infusion of new pop and R&B sounds in songs both slow and upbeat.

However, the songs from the main release, including “Takin’ All Over the World” and “Bottle Pop”, featuring Snoop Dogg, sound disappointingly unoriginal and overdone.

This seemingly good romantic plot line, unfortunately, has a poor editing job. Lengthy set pieces surround Los Angeles, closing in on the city. These fires are a major metaphor of the movie, yet they remain subtle enough to avoid being obnoxious.

Lakeview Terrace

By Zoya Qureshy
Staff Writer

Hitting number one at the box office in its first week running, Lakeview Terrace, directed by Neil LaBute, is a thriller describing the struggles of an interracial couple, Chris and Lisa Mattson, to survive in their new neighborhood.

Saeed J. Jackson plays Able Turner, a LAPD cop and single parent who acts as the watchdog for his neighborhood. Able is disturbed by the interracial relationship of his next-door neighbors, and attempts to drive them out through constant harassment. This causes instability in Chris and Lisa’s marriage, and soon the conflict escalates to violence.

Lakeview Terrace missteps in its characterization of the cop, getting a little carried away with his ironically vigilant behavior, and thereby jeopardizing his credibility. His personality is too extreme to be realistic and soon grows dull.

I would still recommend this movie, though, because of its strong storyline and amazing writing. Fight Club, another novel turned film, by Chuck Palahniuk, best known for his novel turned film, Choke.

Choke

By Tessa Krey
Staff Writer

“Think Gilligan’s Island meets Groundhog Day…in hell.”

Choke was originally a novel written by Chuck Palahniuk, best known for writing Fight Club, another novel turned popular film.

Choke

Eagle Eye

By Marguerite Metzger
Staff Writer

Jerry Shaw (Shia LaBeouf) is an assistant at “Copy Catz,” who has recently suffered his brother’s death and Rachel Holloman (Michelle Monaghan) is a single mother of three boys.

As the situation escalates, the two characters become the U.S.’s most wanted fugitives and are framed as terrorists. They must work together to find out what is happening to them, and most importantly, why.

The action sequences are heart-pounding, but often confusing, and the frequent use of close-ups ruins some of the action. Additionally, the whole idea of the mysterious voice on phones is intriguing at first but becomes predictable towards the end. Shia LaBeouf once again pulls off the “innocent guy tangled up in a mess not of his own making” believably. Michelle Monaghan also does an exceptional job.

Overall, despite some flaws, Eagle Eye is a solid movie with exciting and thrilling action.
Focus on going green

By Rebecca Organ

Gorgeously Green

By Manisha Eerabathini

By Maria Palmo Contributor

The Presidential Candidates
Address the Environment

Barack Obama’s Plan
The Obama-Biden comprehensive New Energy and Climate strategy will provide:

1. Short-term relief to American families by allowing people to keep $500 million over the next ten years.
2. Help create 5 million new jobs by investing $5 billion over the next ten years.
3. Put one million Plug-In Hybrid cars on the road by 2015, built here in America.
4. Ensure 30% of electricity comes from renewable sources by 2025 and 25% by 2025.
5. Implement an economy-wide cap-and-trade program to reduce greenhouse gas emissions 80% by 2050.

John McCain’s Plan
McCain’s Livestrong Project a comprehensive energy and climate change strategy will be geared to:

1. Produce more power.
2. Push technology to help keep the transportation sector in line with increasing oil prices.
3. Address climate change.
4. Ensure that Americans have dependable energy supplies.
5. Initiate a cap-and-trade plan for fighting climate change.

By Andrew Yen Staff Writer

Transportation: The easiest way to travel green (and save money as well) is to carpool! Seriously, take advantage of Mitty’s carpool program and snag a space at the parking lot for free. Another suggestion is to drive less overall or opt for public transportation.

Farmer’s Market!: Have you ever thought about where your food comes from? Did you know a typical mouthful of food travels 1,200 miles to get on your plate? Shopping at your nearest farmer’s market not only helps a healthy diet, it supports those farmers who cultivate their crops in less than 100 miles. And, as an added bonus, buy 100% recyclable, kanso-use all those disposable cups.

Application: It’s always great to purchase electronic household appliances with a ‘green’ label. However, here are some tips that you can implement right now to reduce energy consumption.

1. Check out the energy star label.
2. Use natural and recycled products.
3. Use LED lightbulbs.
4. Use a high efficiency water heater.
5. Use energy efficient appliances.
6. Use energy efficient air conditioning units.
7. Use energy efficient windows.
8. Use energy efficient insulation.
9. Use energy efficient roofing.
10. Use energy efficient landscaping.

Living La Vida Verde

By Jocelyn Tan

As the saying goes, “The grass is always greener on the other side.” But the truth is, it’s not. The grass may be greener, but the reality is that many people are not willing to make the necessary sacrifices to live a greener lifestyle.

For example, if you want to reduce your carbon footprint, you may think that switching to a more environmentally friendly mode of transportation is the solution. However, if you live in a city like Miami, where public transportation is inaccessible, you may not be able to make that change.

Instead, you can make small changes in your daily routine to reduce your carbon footprint. For example, using reusable bags instead of plastic bags, using energy-efficient light bulbs, and turning off the lights when you’re not using them.

These small changes may not seem significant, but when you add them all up, they can make a big difference.

Green Living 101

By Andrew You

Green Chic: A new generation of celebrities is leading the way in the world of green fashion. From organic fabrics to fair trade products, these stars are using their platform to promote sustainable and eco-friendly styles.

Organic clothing: What do you think of? Maybe some scratchy-looking sacks with little tags saying “made to biodegrade”? Or maybe just clothing that looks and smells weird? These stereotypes are typically the average teenager’s view of the average person’s perception of eco-friendly clothing. And they couldn’t be further from the truth.

Environmentally friendly clothing isn’t necessarily a pretty print. It’s actually pretty mainstream. Many large retail stores and chains can carry “green” clothing. Keep up with the latest trends in eco-friendly clothing by following the latest eco-friendly fashion blogs.

Appliance: It’s generally great to purchase electronic household appliances with a ‘green’ label. However, here are some tips that you can implement right now to reduce energy consumption.

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A Large Step for Small Footprints

By Kanishka Khanna
Staff Writer

Co-creators of the newly-formed Mitty Green Club, seniors Ian Davis and Will Callas discuss their plans for the Mitty Community.

HOW WAS THE GREEN CLUB FORMED?
We created the green club because we wanted to take a stand on the issue of the environment. Then we talked to Mr. Accorsi, an active environmentalist. After that, we let people know about our idea, and they got really excited. It just kind of grew from there.

WHAT IS THE MISSION STATEMENT OF THE GREEN CLUB?
Our mission is to create a student body that is aware of their impact on the environment. We work with the school administration to implement projects that make the Mitty community greener by targeting ways to reduce our carbon footprint.

WHAT KIND OF CHANGES WOULD YOU LIKE TO SEE ON THE CAMPUS?
Our campus is actually very environmentally friendly, especially compared to some others in the area. But we can still do better. We think that the cafeteria should replace Styrofoam with recyclable material. We think that reusable water bottles should be available for sale at school. Nalgene bottles, practically indestructible, are only about 10 dollars each, meaning that the average student could buy one every two weeks for the price he or she pays for bottled water.

HOW DO YOU PLAN TO GET STUDENTS INTERESTED IN THE CLUB AND ITS ISSUES?
One of our philosophies is that the most important aspects in saving the environment is getting out and enjoying it. That is why we plan to have fun outdoor activities—like hiking, camping, and on-campus meetings. Another trip we are discussing is a “Pick Your Own Fruit” farm, where you take the fruit right off the tree. We will also offer a newsletter type notification for our members, which will include easy tips on how they can reduce their personal environmental impact.

Bleak Prospects for Battered Haiti
THE ESCALATING FOOD CRISIS

By Isabel Sausjord
Staff Writer

Four siblings have torn apart Haiti in the last few weeks, and their names are Fay, Gustav, Hanna, and Ike. These tropical storms have proven catastrophic for the people of what was already the poorest country in the Americas. Flooding roads, collapsing bridges, and destroying farms, the legacy of these storms threatens to plunge Haiti into chaos and mass starvation.

Poverty has characterized Haiti for centuries. When the island colony achieved independence from France in 1804, it was forced to pay the former slaveholders for the loss of their “property.” Haiti began as a nation in debt, and little has changed in two hundred years. Until recently, however, the country was still able to feed its people with the output of small peasant farms.

Then, when Haiti desperately needed a loan in the 1960s, the International Monetary Fund required that the nation lower taxes on imported food and goods as a condition for receiving its funds.

American companies, with their efficient systems and government subsidies, soon filled the Haitian markets with cheap imported rice, corn, and other staples. Local peasants, with no way to compete, lost their farms and their livelihoods, and Haiti became dependent on imported food. This makes Haiti even more vulnerable to the global food crisis of today. Last year, the high price of oil, which is used in fertilizing and transporting crops, and use of biofuels caused food prices to skyrocket worldwide.

The people of Haiti, already living with barely anything to eat, watched prices grow so high that peasants could no longer feed their families.

Food prices have risen here in America, too. But Americans only spend about 10% of their income on food, while food is about 80% of a Haitian budget.

This means that the people of Haiti feel the increase much more painfully.

AROUND 80% OF THE POPULATION LIVES ON LESS THAN $2 A DAY.

This April, Haiti was the site of brutal riots caused by the extremely high price of food. Since then, agreements have been made and stability has been to some degree reestablished.

But now, tropical storms threaten to plunge Haiti back into turmoil and horrific destruction. In the past month, four tropical storms have hit the island, destroying this year’s harvest, washing away topsoil, and damaging the irrigation system. The storms have wiped away all the progress the country was making towards stability and development.

In the end, Haiti will need the help of America and other great world powers to heal from this destruction and become a secure nation.

Profiles in Justice
SPOTLIGHT ON JUNIOR MONICA ORTEL

By Lena Tayo
Staff Writer

Junior Monica Ortel volunteered through a church group in Peru.

Through her Bethel Church of San Jose youth group, junior Monica Ortel stepped out of her comfort zone by traveling to the village of Iquitos in Peru. During her two-week stay, working six to seven hours a day, her church group conducted assemblies in various schools, where she talked and interacted with the youth. Her church group also organized and performed skits and dramas to promote morals such as avoiding drugs.

Stepping out of familiar territory, Monica had an exciting and unforgettable experience in a culture so different from that of America.

Afterwards, Monica and her church group traversed through parts of the Amazon, near Brazil, surrounded by the vast rainforest and exotic animals. Monica’s visit opened her eyes to an issue that sadly dominates normal life for the Iquitos citizens: the water shortage. This issue seems unfathomable to us, where water is readily available for the public. However, the citizens of Iquitos and other similar places sadly deal with scarcity of water on a regular basis.

By visiting countries in need, as Monica has done, critical issues like these can begin to be addressed, spreading recognition of the conditions of native peoples and the need for solutions.
An Emphasis on Service:

LITURGIES NOW CENTERED AROUND A THEME

By Olivia Tran
Staff Writer

Every year, Mitty students good-naturedly sing along to their liturgical theme, often without much reflection as to what exactly the song means. At the Mass of the Holy Spirit on September 17, Exodus showcased their musical talent, with the 2008-2009 liturgical theme song, Nickelback’s “If Everyone Cared.” But more than simply enjoying Chad Kroeger’s melodic, gravelly tones, Campus Ministry’s Mr. Scott and Ms. Simms hope that this song can truly become relevant in students’ lives.

At the same mass, students also probably took note of their classmates proceeding through the aisles. These students, who have cared,” says Mr. Scott.

This year’s liturgies, according to Mr. Scott and Ms. Simms, will be the first in Mitty history to connect via a common theme—immersion trips.

Liturgies this year, as they pass on what they gained from their trip classes earlier during the summer, did not speak during the class proceeding through the aisles. These students, who have encountered God through service and through meeting people of charity.

“Immersion trips offer real examples of how students have

Each liturgy will deal with a different international immersion trip classes earlier during the summer, did not speak during the class proceeding through the aisles. These students, who have encountered God through service and through meeting people of charity.

The Bay Area Research and Extension Center, a seventeen-acre crop research area in Santa Clara, has been useful to agriculturalists throughout the Bay Area since 1952. Operated by the University of California, it was functional as a so-called proving ground for new crops being introduced to the climate of the California coast. In 2000, the University of California decided to sell BAREC’s plot of land back to the state for an extra $2 million a year to support one of the university’s programs.

That was eight years ago. So what does this have to do with Santa Clara today?

Well, recent statements from the state officials now in charge detail a plan to build a new housing development atop the old research farm. The land has been declared firm and safe for such an endeavor, after a series of soil tests for dangerous pesticides still remaining in the earth.

What concerns neighboring families and in particular citizen Angela D’Orfani is that these soil tests were neither thorough nor the results entirely honest.

The tests for some chemicals, including the carcinogenic dieldrin, reached only to six inches under the surface. D’Orfani conducted a personal test of the dirt at the border of her yard and BAREC’s border. Twelve inches under, she found six times the Environmental Protection Agency’s acceptable percentage of dieldrin. Following her research, two of D’Orfani’s neighbors discovered levels of dieldrin four and five times the EPA’s limit.

There are 49 documented cases of cancer in residents of the BAREC research site who’ve been living there for the past twenty years.

The results were dismal. Among the relatively small series of houses by the research center, D’Orfani documented 49 cases of breast cancer, lymphoma, prostate cancer, kidney cancer, ovarian cancer, lung cancer, melanoma, colon cancer and leukemia. Most victims had been living there for over twenty years.

“The pollution problem is huge because it represents a significant health concern by disturbing the soil at all,” environmental scientist Cameron Colson says about the situation. “If there is a known pollutant on that site and it escapes, [elected officials] need to understand what they’re exposing the public to,” he says.

BAREC’s land plot is closer than you may realize. In fact, the seventeen-acre area is less than a mile from Westfield Valley Fair Mall and airborne fumes spread quickly and lethally. If you or your loved ones live nearby, there is a fairly high chance you are being affected. So imagine the possible effects on citizens living directly on top of that toxic soil. Without further testing and deep cleansing of the region, and perhaps even with it, building a housing development on top of the old research fields is dangerous and unethical. In this case, as in most humanity is simply more important than a wad of cash.
Through the Lens
a close-up look at Mitty’s photographers

Alex Vekich

Alex Vekich is a Junior at Mitty. She grew up in Minneapolis, Minnesota and has been going to art schools her whole life. Alex moved to California a day before school started this year and now resides in Willow Glen with her parents and her dog, Destiny.

What drew you to photography in the first place? I have always liked the idea of being able to capture moments; those moments where you think to yourself, “Why isn’t anyone taking a picture of this?” Those are the moments I capture.

What is your favorite thing to photograph? I love photographing real life, real people. I love how much you can tell about a person, just by their eyes, their smile, the wrinkles on their skin. It’s something pretty amazing.

Where do you find inspiration? Usually before I take a picture of someone, I ask their permission, which leads to a conversation. And I learn about all these different kinds of people, and knowing them makes it a lot easier to capture their personality in a picture. Also, my best friend, Sarah Bonneville, always has her camera with her, and gets the perfect moments. Looking at her pictures and her style has taught me a lot about photography and different styles and genres.

Describe the favorite photo you’ve taken. I would have to say the Turkish man in a fish market (shown at right). I believe that picture is what really led me towards pictures of people more than landscapes and things of that nature.

Where do you plan to take this hobby? I actually want to take this so-called hobby into my future. I want to be a photojournalist and travel the world, and really enlighten people with my pictures. It’s a far-fetched dream, but hey, dreaming never hurt anybody. Right?

How would you describe your style? It’s not pretty. It’s real.

“The streets of Rome, Italy in 2007.”

“Protesting for peace in Spring of 2008.”

“A Turkish man sitting in a fish market in Antalya, Turkey.”

“One of the Cathedral’s stunning lamp fixtures in Rome, Italy in 2007.”
Snapshots

“A falling leaf, taken in my backyard.”

“Harsh afternoon sunlight was avoided by shooting in the shade, developing a timeless, melancholic mood.”

“Dog tags from Vietnam outside a church in Boston.”

“Taken in my front yard and inspired by the ‘everyday’ item used with the macro mode. Overall, I think it makes for an artistic picture.”

“Taken for the ‘beautiful light’ assignment in Mitty’s Digital Photography class. I thought it would look cool to catch the detail of the babushkas at a close angle and straight on from the ground.”

Like what you see? If you would like to be a featured photographer in The Monarch, send your photographs to photomonarch@gmail.com and your work may be shown in an upcoming issue!

Photo Courtesy of Ryan Rickard

Photo Courtesy of Nicholas Tran

Photo Courtesy of Kimberly Niedermaier

Photo Courtesy of Sebastian Wendell

Photo Courtesy of Sabrina Miller
Volleyball: Monarchs Off to Strong Start

Mitty In the Hunt for State Championship

By Christina Jones
Sports Editor

With a record of 20-1, the Archbishop Mitty Women’s Volleyball Team has had a phenomenal start to the season. For five consecutive years, the Monarchs have claimed WCAL, CCS, and NorCal Championships, and the team is poised to continue that tradition of excellence.

Following last season’s successes, expectations were high for this year, despite losing five seniors last season, including the renowned middle blocker Amanda Gil who now plays for UCLA. This change in the roster has translated to a new game plan.

Junior outside hitter Rachel Williams, who has been pivotal in the Monarchs’ success, explains, “While height was a big factor in the last two seasons, this year we know we have to be scrappier because of the smaller block.”

In addition to the change in the style of play, the heart of the team is different this year, as Williams says, “This year we have a bond, or chemistry, that is much closer than before. Chemistry means everything. It is the reason we want to do well for each other rather than ourselves. We have more drive to redefine success for ourselves.”

Head Coach Bret Almazan-Cezar aptly states, “The faces change, but the AM over the heart remains the same.”

New leaders have emerged on the court this year as well. Junior outside hitters Kristina Graven and Rachel Williams, as well as right side hitting senior Taylor Smith are the driving forces behind the Monarch’s offense with their powerful swings.

Junior setter Joan Calao- ro provides her hitters with the perfect opportunities to rack up kills, and has so many weapons at her disposal that it keeps teams guessing.

Defense is crucial to their game plan as well, with senior Morgan O’Neill and junior Ryan Shaffer manning the backcourt.

“This is a strong group of student-athletes with a lot of positive intangibles…selflessness, sacrifice, a genuine care for each other…On the court, there’s just a lot of fire power from so many places,” states Coach Almazan-Cezar.

Hailed by some as the most physical and powerful team in the nation, the Monarchs opened the season by winning the Milpitas Spikefest, not dropping a set while cruising to the championship.

Then defeated Woodside, and was pushed into a fifth set against Menlo before pulling away with the win.

Traveling to Las Vegas, the team competed in the Durango Fall Classic, finishing with an impressive third place. In this tournament, the Monarchs triumphed over Mira Costa for the first time in five years. In the past three state championship games, Mira Costa defeated Mitty.

Head Coach Bret Almazan-Cezar expressed great relief after this monumental win, expressing, “It’s just a win, but it’s been a long time coming.”

Despite this great triumph, the Monarchs suffered their first loss of the season during the tournament. Mitty, ranked second in the nation by Prepvolleyball.com, fell to top-ranked La Costa Canyon.

This was the first loss the Monarchs have suffered this early in the season since 2003. Still, the team won the state championship that season.

The team took lessons from this crushing defeat, according to Williams, who explains, “We need to stay strong in the second game. We can’t let our opponents back in to the game because we pull off the throttle. We have to continue to persist and not let up until the match is over.”

The Monarchs enacted this plan, dominating the Archbishop Mitty Invitational Volleyball Tournament. Mitty defeated Analy from Sebastopol, league rival Sacred Heart Cathedral, and Harvard-Westlake from Hollywood, to advance to the championship match, where they handily defeated Santa Barbara High School.

Mitty has since defeated Sacred Heart Cathedral again in league play, St. Francis, and St. Ignatius, and holds the top ranking in the WCAL.

The Monarchs have been adequately prepared by their grueling press season schedule, which is the seventh toughest schedule in the country according to MaxPreps.

States Coach Almazan-Cezar, “We’re ready for everything.”

Player Profiles

Maya Raman: Women’s Tennis

By Mona Patel
Staff Writer

Q: How has the loss of the last graduating class affected the team?
A: We lost our number 1 doubles team and captain, and we miss them. However, we have many strong players.

Q: How would you assess the competition you will face in WCAL?
A: There are a couple top teams like St. Francis and St. Ignatius, and the games against them are always competitive.

Q: What would you consider the highlight of your season so far?
A: There are a couple top teams like St. Francis and St. Ignatius, and the games against them are always competitive.

Q: Which team are you most excited to play?
A: Right Mid

Q: What position do you play and what’s your impact on the team?
A: After the Willow Glen jamboree, we saw our true capacity as a team--each player is equally talented and the whole bench can start.

Q: What has been your favorite moment in field hockey?
A: On a warm-up, when Jackie Faylor was tripped into the cage.

Q: How long have you played field hockey?
A: On a warm-up, when Jackie Faylor was tripped into the cage.

Q: Which position do you play and what’s your impact on the team?
A: Right Mid

Q: What season has been so far?
A: The Monarchs have been adequately prepared by their grueling press season schedule, which is the seventh toughest schedule in the country according to MaxPreps.

Q: What is the hardest part of playing field hockey?
A: Getting in position and knowing where you are supposed to be.

Alaina Thomas: Field Hockey

By Josh Ferguson
Staff Writer

Q: How has your season been so far?
A: Getting in position and knowing where you are supposed to be.
Football: Speed, Determination Key For Monarchs

By Arjun Ravishankar
Staff Writer

This season the Monarchs hope to unleash new talent despite the absence of past team leaders. The team mentality has changed in order to cope with the tremendous obstacles that are ahead.

While off to a rough start, the Monarchs are focused on playing one game at a time.

Many new senior leaders have emerged this year. Wide receiver Mitch Haniger advances the Monarchs’ speedy game plan and middle linebacker Andrew Bigelow led the defense, prior to his injury.

The players seem to be fired up, as Haniger notes, “This year should be great and I am looking forward to being a leader on this team.”

All of this excitement has translated to performance on the field, as he had managed an impressive 35 receptions and 405 yards through five games.

Despite the success, Mitty has not managed to achieve a win so far at 0-5.

The Monarchs were close to rallying for a comeback win against Las Lomas in the first game of the year, but fell just short in the end, losing 21-19.

Mitty’s fourth game appeared promising as well, though a close game ended in a loss at the hands of Archbishop Riordan, 25-22.

While in previous years the strategy included power and strength on offense, this year brings in a new mentality.

As both running back DJ Bush and Head Coach Matt Haniger confirm, this year the offensive system has changed.

That means more focus on the team strengths which entail speed and quickness, in order to effectively wear teams down during the later part of the game.

This approach requires both the ability to stretch defenses wide on the field and efficiency in the passing and running game.

Despite the team’s 0-5 record, Coach Haniger considers this new game plan “a work in process that should soon pay off.”

With all of the new and improved schemes added to the Monarchs’ playbook, the youth of the team does play a factor.

Although it possesses star seniors, the team has many young players, such as sophomore and junior running back tandem Rocky Meszaros and DJ Bush.

Running back/quarterback DJ Bush has emerged as a team leader and Rocky Meszaros has contributed to the swift running attack of the Monarchs by racking up 44 carries and 213 yards rushing through the first five games.

Although off to a mediocre start, the Monarchs will continue to stay motivated. As Bush says, “Even though the season hasn’t started off how we would have liked, I think it has made us better as a team and better prepared for the league.”

This outlook should lead to promising results. However, with powerhouse schools such as Bellarmine College Preparatory and Valley Christian in the league, it won’t be so easy.

The Monarchs have yet to face other WCAL rivals, including a strong St. Francis team, as well Sacred Heart Cathedral and Serra.

The long-standing rivalry between Archbishop Mitty and Bellarmine is once again hyped up to be an incredible game.

While the team is taking the season step by step, the Monarchs cannot help but to look forward to the Oct. 31 matchup.

“The stage is set,” Bush says. “With a brand new re-modeled stadium, it’s looking to be a great matchup.”

Says Coach Haniger, “The team is definitely motivated and we are looking for success this season.”

Women’s Water Polo

Coach: Scott Blake
Record: 6-6, 1-2 WCAL
Key Contributors: Kim McComas, Sarah Sliscocki
Big Game: 2nd place in the Los Altos High School Tournament
Highlight: Came against Palo Alto when Kim McComas’ shot put the Monarchs in the lead
Quote: “The seniors have really stepped it up this season due to our young team. They brought us really close and raised our skill to the next level.” –Hilari Hunt

Men’s Water Polo

Coach: Mike Hendrickson
Record: 3-13, 0-3 WCAL
Key Contributors: Will Callan, Alex Balog
Highlight: Balog scored an impressive goal against San Benito
Quote: “Our main strength is our physical strength and our determination to win.” –Nova Wang

Tennis

Coach: Jason Scalese
Record: 13-0, 7-0 WCAL
Key Contributors: Seniors Taylor Davis, Stefanie Ton
Highlight: Winning the California Classic
Quote: “We’re very competitive, especially with St. Francis. We topped them in the Fresno tournament and beat them in our first league match 5-2, but we weren’t playing our best tennis. We were really looking forward to our third meeting, and we defeated them 7-0.” --Nobilielle Abridula
Graven. cated is exciting. To have her number before was great,” said Graven, once number nine, is now number twelve. Her jersey number at the morning assembly. Junior Kristina she said between taking pictures with Mitty fans. “Dreams come true… it’s the whole world coming together,” words to describe the Olympics and can’t behind her, Walsh knows a little bit about the athletic American used for P.E. classes and for the volleyball team’s defense. Walsh served the court’s her surprise appearance at the school’s morning assembly, News, in the Good Tidings.foundation, ball court to her alma mater. The court is funded by Walsh’s jeans and sneakers is much harder,” she said.

At six feet three inches tall, Kerri Walsh was hard to miss, even in a crowd of admirers. To honor her visit, Archbishop Mitty High School retired its Olympic champion hates public speaking. As an inspirational speaker. In fact, the two-time, gold medal winner that she would be returning to Archbishop Mitty High School graduation stage with the Class of 1996, she never imagined in her dedication speech, Walsh told students, “This life— At the school that once taught Kerri Walsh to dream, Walsh has now given back a beach volleyball court that will help teach others to dream.

Joyah Spangler’s Amazing Siblings on The Amazing Race

By Morgan McEnery

Ever dream of knowing a TV star? One of our very own Monarchs has a connection with the hit reality TV show, The Amazing Race. On Sept. 28, Joyah Spangler, a junior, saw her older brother and sister, Nick and Starr Spangler, compete as a team on the 13th season of The Amazing Race and for those of you who watched, you know they already won the first leg. For those of you not familiar with the show, 11 teams embark on a 25-day race, covering 30,000 miles and spanning five continents on an expedition to reach the finish line and ultimately win the grand prize of $1 million. This season promises to be one wild ride. Brand new settings including Kazakhstan and a floating city.

Joyah, the baby of the family, has followed in her brother Nick’s footsteps in attending Mitty and being a member of Exodus. What you probably don’t know is that Nick was the first to spark the theatre flame that burns in the Spangler family. “Since birth I’ve been submerged into the theatre culture. My brother had already been bitten by the theatre bug by the time I could walk and talk, so I was always watching him perform and practice and actually just joined in,” said Joyah Spangler.

Recently, Nick has performed in an Off-Broadway musical called The Fantasticks. Although Starr was not involved in plays, her theatrical blood soon landed her a spot at a Dallas Cowboys cheerleader. “They are mostly excited; they just didn’t want to be the first to get out! They are very competitive people so they just couldn’t wait to get started,” said Joyah Spangler. Nick and Starr believe that this show is an opportunity to rekindle their relationship after being separated for so many years. Starr came up with the idea, and she quickly flew to see Nick. “They made an audition video in one night and the rest is history!” said Joyah Spangler. The Amazing Race will allow them to catch up on years of missed memories as they work toward the finish line of the competition. To watch as team Spangler attempts to conquer The Amazing Race, be sure to tune in on Sundays at 8 p.m. on CBS.