

Physician Letter to School

To Whom It May Concern:

Patient Name: _____ DOB: _____

| INJURY STATUS | Date of Concussion Diagnosis by MD/DO: _____ |
|--|---|
| <input type="checkbox"/> Has been diagnosed by a MD/DO with a concussion and is currently under our care. | |
| <input type="checkbox"/> Medical follow-up evaluation is scheduled for (date): _____ | |
| <input type="checkbox"/> Was evaluated and did not have a concussion injury. There are no limitations on school and physical activity. | |

| ACADEMIC ACTIVITY STATUS (Please mark all that apply) |
|--|
| <input type="checkbox"/> This student is not to return to school. |
| <input type="checkbox"/> This student may begin a return to school based on successful progression through the CIF Concussion Return to Learn Protocol . This student requires the necessary school accommodations set forth on the Physician (MD/DO) Recommended School Accommodations Following Concussion form. |
| <input type="checkbox"/> This student is no longer experiencing any signs or symptoms of concussion and may be released to full academic participation. |
| <i>Comments:</i> _____ |
| PHYSICAL ACTIVITY STATUS (Please mark all that apply) |
| <input type="checkbox"/> This student is not to participate in physical activity of any kind. |
| <input type="checkbox"/> This student is not to participate in recess or other physical activities except for untimed, voluntary walking. |
| <input type="checkbox"/> This student may begin a graduated return to play progression (see CIF Concussion RTP Protocol form). |
| <input type="checkbox"/> This student has medical clearance for unrestricted athletic participation (Has completed the CIF Concussion RTP Protocol). |
| <i>Comments:</i> _____ |

Physician (MD/DO) Signature: _____

Exam Date: _____

Physician Stamp and Contact Info:

Parent/Guardian Acknowledgement Signature: _____

Date: _____