

Athletics Winter Sports Tryout Information 2016-17

In order to try out, an athlete must have completed the Pre- Participation Physical Evaluation Form for the 2015-16 year and have turned it in to the Athletic Department.

All student-athletes must login and complete the Intent to Try Out Registration on the Athletics page under forms. All athletes can check the status of their Physical Release Form by clicking Physical Status.

If you are a freshman, you will additionally need to complete the Sudden Cardiac Arrest Parent Information Sheet and turn it into the Athletic Department.

Men's Basketball

Head Coach: Mr. Tim Kennedy

- First practice for **Varsity**:
Mon., Oct. 31, Practice from 3:00-5:00 p.m., Fien Gym
Tues., Nov. 1, Practice from 7:00-9:00 p.m., MacLean Gym
Wed., Nov. 2, Practice from 3:00-5:00 p.m., MacLean Gym
- First practice for **JV**:
Mon., Oct. 31, Practice from 3:00-5:00 p.m., Fien Gym
Tues., Nov. 1, Practice from 7:00-9:00 p.m., MacLean Gym
Wed., Nov. 2, Practice from 3:00-5:00 p.m., MacLean Gym
- First practice for **Freshmen**: Please wear black shorts and white t-shirt
Mon., Oct. 31, Practice from 5:00-7:00 p.m., Fien Gym
Tues., Nov. 1, Practice from 5:00-7:00 p.m., MacLean Gym
Wed., Nov. 2, Practice from 5:00-7:00 p.m., Fien Gym

Women's Basketball

Head Coach: Ms. Sue Phillips

Pre-Tryout meeting for parents and players is on Monday, October 24th at 6pm in Aymar.

- First practice for **Varsity**:
Mon., Oct. 31, Weight Room 3:20; Practice from 4:00-6:00 p.m., MacLean Gym
Tues., Nov. 1, Practice from 4:30-7:00 p.m., Fien Gym
Wed., Nov. 2, Weight Room 2:45; Practice from 5:00-7:00 p.m., MacLean Gym
- First practice for **JV**:
Mon., Oct. 31, Practice from 3:00-5:00 p.m., MacLean Gym
Tues., Nov. 1, Practice from 3:00-5:00 p.m., Fien Gym
Wed., Nov. 2, Practice from 7:00-9:00 p.m., MacLean Gym
- First practice for **Freshmen**: Please wear black shorts and white t-shirt
Mon., Oct. 31, Practice from 3:00-5:00 p.m., MacLean Gym
Tues., Nov. 1, Practice from 3:00-5:00 p.m., Fien Gym
Wed., Nov. 2, Practice from 7:00-9:00 p.m., MacLean Gym

Men's Soccer

Head Coach: Mr. Cesar Sanchez

- First practice for **Varsity/JV**:
Mon., Oct. 31, Practice from 3:00-4:30 p.m.; Mise Park
Tues., Nov. 1, Practice from 3:00-5:30 p.m.; Mise Park
Wed., Nov. 2, Practice from 3:00-5:30 p.m.; Mise Park
- First practice for **Freshmen**:
Mon., Nov. 7, Practice from 3:00-5:30 p.m.; Mise Park
Tues., Nov. 8, Practice from 3:00-5:30 p.m.; Mise Park
Wed., Nov. 9, Practice from 3:00-5:30 p.m.; Mise Park

Women's Soccer

Head Coach: Mr. JT Hanley

Pre-Tryout meeting for players is on October 27th at 2:45pm in the Stadium bleachers.

Please wear a white t-shirt and black shorts and bring both your boots and running shoes

- First practice for **Varsity, JV and Freshmen:**
Mon., Oct. 31, Practice from 3:00-5:30 p.m., 4-Acre Field
Tues., Nov. 1, Practice from 3:00-5:30 p.m., 4-Acre Field
Wed., Nov. 2, Physical Testing from 3:00-5:30 p.m., Track
Thurs., Nov. 3, Practice from 3:00-5:30 p.m., 4-Acre Field
Fri., Nov. 4, Practice from 3:00-5:30 p.m., 4-Acre Field

All forms are due by noon on Friday October 28th. If you do not have them in, you WILL NOT be allowed to participate on Day 1 of tryouts.

Wrestling

Head Coach: Mr. Dan Chaid

- First practice for **Varsity, JV and Freshmen:**
Mon., Oct. 31, Practice from 3:00-6:00 p.m.; Aymar
Tues., Nov. 1, Practice from 3:00-6:00 p.m.; Aymar
Wed., Nov. 2, Practice from 3:00-6:00 p.m.; Aymar