

Three Different Daily Camps

9:00 a.m. – 12:30 p.m. each day

- Hitting
- Pitching
- Special Skills

Camp schedule

12/27 – Hitting Camp

12/28 – Pitching Camp

12/29 – Special Skills Camp

Parent Break Out Sessions

11:00 a.m. to 12:30 p.m. each day

Cost: \$90 per camp

Campers are encouraged to sign up for multiple camps. 3rd camp would be half price.

\$225 for attendance at three outstanding camps.

Each Camper will receive an Archbishop Mitty Baseball t-shirt

Register the morning of each camp.
Fees paid the morning of each camp.
Checks payable to AMHS

Medical Insurance information needs to be provided the day of the camp

RSVP to assure a spot.

Camp space limited to 25 players per camp.

RSVP TODAY and direct questions to:
Archbishop Mitty High School

Baseball Coach: Bill Hutton
bhutton@mitty.com
(408) 342-4273



CCS Division 1 Champions
1997, 2003, 2005, 2010

CCS Division 1 Finalists
2001, 2008, 2009

**2010 California State Team
of the Year/National Champions**
(Perfect Game and Rivals.com)



Archbishop Mitty High School
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San José, CA 95129-1897
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Email: bhutton@mitty.com

Archbishop Mitty Baseball Winter Camps



5th through 8th Graders

December 27-29, 2011

9:00 a.m. to 12:30 p.m.

Parent Informational Break-Out Sessions

Each Day 11:00 a.m. to 12:30 p.m.





The Archbishop Mitty Winter Baseball Camps are a fantastic opportunity for both aspiring players and parents to become educated on the on and off field nuances of the great game of baseball.

Each day we will provide the following opportunities for players and their families:

1. Unparalleled instruction from outstanding high school mentors and coaches as well as off the field topics discussed by experienced and committed, members of the Santa Clara Valley baseball community.

2. Video taped analysis of the camper's hitting, pitching, and catching mechanics with audio voiceover provided by the camp staff. Videos will be uploaded to a secure site for same day, family viewing at home.

3. Parent panel discussions will be held concurrently with the camp program daily from 11:00 – 12:30 adjacent to the field. These discussions will provide invaluable information for parents of aspiring baseball players. We have assembled experienced speakers who are experts in their given area of expertise.

"I promise you that the Archbishop Mitty Winter Camp program will exceed your expectations with regard to information provided and assessment tools utilized. We have a great staff and a great format that will insure the maximum exchange of information to allow both the player and the parent to immediately apply the teachings of the camps.

The parent involvement is a crucial opportunity to dispel myths and untruths regarding essential elements of youth baseball and provide each family with information that they can utilize immediately to improve their baseball experience."

Bill Hutton
Head Baseball Coach
Archbishop Mitty High School

Outline of Each Day's Activities

12/27 – Hitting Camp 9:00 a.m. to 12:30 p.m.

1. Registration—8:30 a.m.
2. Warm up
3. Swing Mechanics
4. Hitting stations.
5. Video stations

Hitting a baseball is the hardest thing to do in sports. A success rate of 30% makes you a star. At the AMHS Winter Camp, hitters will be instructed on the proper mechanics and be taught drills that can be used at home to improve the player's swing. A real time video analysis will be produced for each camper. Baseball is one of the few sports where diligence and practice can compete with raw ability as a predictor of success.

12/28 – Pitching/Catching Camp 9:00 a.m. to 12:30 p.m.

1. Registration—8:30 a.m.
2. Warm up
3. Pitching Mechanics
4. Stations
5. Pitcher's Fielding Practice
6. Video station
7. Video analysis station

Proper and repeatable pitching mechanics are essential to developing an effective pitcher. The AMHS Winter Camp will not only teach mechanics, but will arm the pitcher with safe drills to practice on their own to improve their pitching skills. A real time video analysis will be produced for each camper.

A full slate of catching drills will mirror the pitching drills. Stance, receiving, blocking, throwing, making tags, and intangibles will be covered.

The catching camp will mirror the pitching camp for the young catcher.

12/29 – Special Skills Camp

1. Registration—8:30 a.m.
2. Warm up
3. Base running package
4. Defensive package.
5. Baseball Etiquette package

The Special Skills Camp will instruct the camper on skills that will improve their abilities immediately and produce results the next time the camper takes the field. Seldom are such intricate skills taught in a camp environment. The payoff is immediate.

Skills taught:

Base running package: Stealing 2nd and 3rd, reading pitchers, reading balls in the dirt and many more unique base running skills will be presented.

Defensive package: Defensive positioning for increased success, throwing drills and defensive drills,

Baseball etiquette package: How to have a productive dugout environment and give your team an advantage. Learn to "Play the Game" the right way to increase your rate of success."

Parent Discussion Panels

Dates and Topics

Each discussion from 11:00 a.m. – 12:30 p.m. daily as the campers are finishing their camp work

12/27 – 11:00 a.m. to 12:30 p.m., Room 509

BILL HUTTON, ARCHBISHOP MITTY HEAD COACH, "Youth Baseball Up Through College Baseball - Myths and Absolutes." A no nonsense discussion on the realities of the ever changing world of youth and amateur baseball.

"Bill's experience as a 30 year veteran of the high school coaching ranks as an invaluable opportunity to distinguish myth from reality with regards to youth baseball. There is not a more decorated or successful high school coach in California than Bill and hearing his views on youth baseball is a can't miss opportunity."

– Jeff Walker, Head Coach Santa Barbara City College

12/28 – 11:00 a.m. to 12:30 p.m., Room 509

Dr. Philip Wagner, Owner of Sparta Performance Science, "Nutrition, Strength and Conditioning and Sleep regeneration for the Young Athlete."

"Dr. Wagner is an expert in delivering a message to parents of young athletes and it is a MUST SEE presentation. Dr. Wagner's knowledge in the area of nutrition, strength training, and sleep regeneration is invaluable. Sparta trains over 60 MLB players at his Menlo Park Sparta Facility."

– Bill Hutton, Head Coach Archbishop Mitty

12/29 – 11:00 a.m. to 12:30 p.m., Room 509

Parent panel discussion from parents that have navigated the choppy waters of youth baseball and lived to tell!

Steve Balog: Nik '08 and Alex '10 both starred at AMHS and are currently playing at the University of San Francisco.

Tom and Gloria Davis: Tyler '11 and Erik '04. Tyler is at University of Washington and Erik played at Mt. View HS, Stanford, and is in the Washington Nationals organization presently.

"Being a parent is hard enough, but being a parent of a young baseball athlete makes it even tougher. The changing landscape of youth baseball has created a volatile environment for parents of young baseball players. Hearing from parents that have "been there, done that" can help parents distinguish between myth and reality as it pertains to youth baseball."

